

## SYLLABUS FOR 2023/2024 ENROLLMENT

### GENERAL INFORMATION

**1. Name of the course**

Regional and cultural studies

**2. Name of the faculty**

Department of Tourism and Recreation

**3. Level of education**

First-cycle studies

**4. Number of ECTS credits**

3

**5. Number of hours per semester**

semester	lecture	classes	lab./flc	prj./pc	self-study	internship
II	15	30				

**6. Language of instruction: English**

**7. Lecturer**

Żbikowski Jarosław – PhD

Michał Bergier – PhD

### DETAILED INFORMATION

**8. Access requirements**

1. Knowledge of the basics and concepts in the field of tourism
2. Knowledge and ability to use the basic concepts of general geography

**9. Objectives of the course**

C1 Acquainting with the history, achievements, traditions of sightseeing, its forms and directions as well as organizations in Poland.

C2 Learning the methods of assessing the sightseeing values of Poland.

C3 Getting to know material and non-material sightseeing values of Poland.

C4 Getting to know the methods of implementing sightseeing ideas in the school environment, methods of sightseeing education and its role in shaping civic attitudes

C5 Equipping with the ability to classify and evaluate tourist and sightseeing resources and values.

**10. Field-specific learning outcomes in terms of knowledge, skills and social competences**

A student who successfully passed the course:

reference to field-specific learning outcomes

#### KNOWLEDGE

EU01	He/she knows and understands to an advanced level various phenomena of social sciences, humanities, exact sciences, natural sciences and physical culture and the practical application of this knowledge in professional activity related to the major	K_W01
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EU02	The student knows and understands conceptual categories and terminology in social sciences, humanities, sciences, natural sciences and physical culture as well as the practical application of this knowledge in professional activity related to the major	K_W02
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#### SKILLS

EU03	Can identify human individual needs in tourism and recreation in various aspects: related to health, natural, economic, cultural and social phenomena connected with them	K_U01,
EU04	Can use specialized knowledge to collaborate with other functional areas in typical professional situations	K_U02
EU05	The student is able to observe social phenomena and processes (cultural, political, legal, economic and related to physical culture) and describe, analyse and interpret them using basic theoretical approaches and concepts.	K_U03
EU06	Can use IT technologies to collect, store, analyse and critically evaluate the data	K_U05
<b>SOCIAL COMPETENCES</b>		
EU07	Is ready to organise and lead the work of teams and organisations within and outside the work environment	K_K01
EU08	Is willing to communicate with the environment in and outside the workplace and transfer knowledge using various means of communication (in the mother tongue and English)	K_K02
<b>11. Programme content</b>		
<b>Form of the activity – Lecture</b>		
<ol style="list-style-type: none"> <li>1) The concept of sightseeing. Principles and scope of sightseeing, its role in society.</li> <li>2) History of sightseeing in Poland.</li> <li>3) Methods used in sightseeing.</li> <li>4) Directions of sightseeing activities.</li> <li>5) Sightseeing and school tourism.</li> <li>6) Cultural heritage of Poland.</li> </ol>		
<b>Form of the activity – Classes</b>		
<ol style="list-style-type: none"> <li>1) The concept of sightseeing. Historical view. Organization of sightseeing in Poland.</li> <li>2) Polish castles and palaces.</li> <li>3) Polish rituals and customs.</li> <li>4) Sightseeing values of the the Bug River Landscape Area.</li> <li>5) UNESCO World Heritage List - overview of selected sites.</li> <li>6) Field activities in the city of Biała Podlaska</li> <li>7) Field activities - a sightseeing trip around the Biała Podlaska district.</li> <li>8) Jewish community - rituals and customs</li> </ol>		
<b>12. Didactic tools/methods</b>		
1. Discussion		
2. Multimedia presentations		
3. Problem solving		
4. Documents analysis		
5. Map analysis		
<b>13. Methods of assessment</b>		
1. Presence and active participation in classes		
2. Realization of assigned works / tasks		
3. Final test		
4. Exam		
<b>14. Student workload</b>		
Form of activity		number of hours
1. Classes with direct participation of the teacher and consultations		55
2. Student workload		20
sum		75
Total number of ECTS credits		3

<b>15. Literature</b>
Basic literature:
1. Bieńczyk G., Krajoznawstwo i jego związki z turystyką, Wyższa Szkoła Ekonomiczna, Warszawa 2003
2. Krajoznawstwo w turystyce i szkole, Zarząd Główny PTTK, Warszawa 2003
3. Janowski I., Krajoznawstwo i turystyka szkolna, Wyd. Akademii Świętokrzyskiej, Kielce 2003
4. Kruczek Z., Sacha S., Geografia atrakcji turystycznych Polski, wyd. III, Proksenia, Kraków 2009
5. Kruczek Z., Kurek A., Nowacki M., Krajoznawstwo. Zarys teorii i metodyki. Wyd. III, Proksenia, Kraków 2007
6. Geografia turystyki Polski. Przewodnik do ćwiczeń krajoznawczych pod red. A. Stasiaka, Warszawa 2009
Supplementary literature:
1. Prószyńska-Bordas H., Krajoznawstwo : tradycja i współczesność, Difin, Warszawa 2016
2. Stasiak A. (red.), Dobroniak M., A to Polska właśnie... : przewodnik do ćwiczeń z geografii turystycznej i krajoznawstwa : praca zbiorowa, Wydawnictwo Wyższej Szkoły Turystyki i Hotelarstwa, Łódź 2006
3.
<b>16. Forms of assessment - details</b>
<b>Conditions for obtaining course credit:</b> classes end with an exam and a credit with grade Percentage breakdown of the assessed effects in terms of knowledge, skills, competences: K - 70%, S - 20%, C - 10%. Exam - written test of the lectures: Single choice test. Time to perform the test - 35 minutes. Correct answer = 1 point. Assessment: up to 50% - 2,0; 51% -65% - 3,0; 66% -75% - 3,5; 76% -85% - 4,0; 85% -99% - 4,5; 100% - 5,0 The condition for passing the exercises is to obtain positive grades from the presentations of the exercises prepared by the participants, as well as from the control work and the final test in written or oral form. The condition for obtaining a positive assessment of the test (5 open / descriptive questions) is obtaining 60% positive answers. The final grade for the exercises is the arithmetic mean of all obtained grades and the observation of the student's involvement and work throughout the semester.
<b>17. Other useful details concerning the course</b>
1. Direct information about the issues of classes and a program content is provided by the teacher during classes and during office hours
2. Classes will be held at John Paul II University in Biała Podlaska or online
3. Classes will be held in accordance with the current schedule
4. Office hours will be held in accordance with the applicable schedule