

CURRICULUM FOR 2024/2025 RECRUITMENT

Field of study: Tourism and Recreation

Academic degree: first-cycle studies

Educational profile: practical

Form of study: full-time studies

No.	Course Title	Form of crediting	Number of hours	lecture	classes	lab/flc	prj/pc	internship	ECTS	ECTS for practical courses	ECTS for elective courses	ECTS for distance learning subjects*
SEMESTER I												
1.	OHS Training	pass	4	4								+
2.	Library training	pass	2		2							
3.	Sociology	grade	30	15	15				3			+
4.	Social competences	grade	15		15				2			
5.	Foreign language I	grade	30			30			2	+		
6.	Foreign language II	grade	30			30			2	+	+	
7.	Physical Education	grade	30		30							
8.	Fitness / Gymnastics forms of physical activity	grade	30				30		3	+	+	
9.	History of architecture and art.	exam	45	15	30				3			+
10.	Exercise physiology	grade	30	15		15			3	+		+
11.	Ecology and environmental protection	grade	30	15	15				3			+
12.	Economics	exam	45	15	30				3			+
13.	Introduction to tourism	exam	30	15	15				3			+
14.	Introduction to recreation	exam	30	15	15				3			+
Σ			381	109	167	75	30	0	30	10	5	21
SEMESTER II												
15.	Law in tourism and recreation	grade	30	15	15				2			+
16.	Information technology	grade	15			15			2	+		
17.	Multiculturalism in tourism/ Protection of intellectual property	grade	15		15				2		+	
18.	Foreign language I	grade	30			30			2	+		
19.	Foreign language II	grade	30			30			2	+	+	
20.	Leisure games	grade	30				30		2	+		
21.	Swimming course	grade	30				30		2	+		
22.	Summer camp	grade	62				62		4	+		
23.	Management	exam	45	15	30				3			+
24.	Regional and cultural studies	exam	45	15	30				3			+
25.	Tourism geography	exam	45	15	30				3			+
26.	Pedagogy of leisure time	grade	45	15	30				3			+
Σ			422	75	150	75	122	0	30	14	4	14
SEMESTER III												
27.	Foreign language I	grade	30			30			2	+		
28.	Physical Education	grade	30		30							
29.	Theory and methodology of recreation	exam	30	15	15				3			+
30.	Organization and management in tourism and recreation	grade	30	15	15				3			+
31.	Introduction to marketing	grade	30	15	15				2			+
32.	Tourist regions of the world	grade	30	15	15				2			+
33.	Winter camp	grade	49				49		3	+		
34.	Hotel business	grade	45	15	30				3			+
35.	Tourist traffic services	exam	45	15			30		3	+		+

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36.	Economics of tourism and recreation	exam	45	15	30				3			+
37.	Modern nutritional trends / Personal training	grade	30		30				3	+	+	
38.	Human resource management in tourism / Promotion of tourist services	grade	30		30				3	+	+	
Σ			424	105	210	30	79	0	30	14	6	19
SEMESTER IV												
39.	Professional practice	grade	960					960	36	+	+	
Σ			960	0	0	0	0	960	36	36	36	0
SEMESTER V												
40.	Foreign language I	grade	30			30			2	+		
41.	Health education and health promotion / Sport and recreation in the prevention of non-communicable diseases	exam	30	15	15				2		+	+
42.	Methodology and ethics of tour guiding / Service culture and ethics of the profession	grade	15		15				2	+	+	
43.	Starting and managing one's own company	grade	15				15		2	+		
44.	Tourism fairs	grade	15				15		2	+		
45.	Introduction to statistics	grade	15			15			2	+		
46.	Tourism and recreation for people with disabilities and the elderly / Physical activity for older people	grade	30	15	15				2		+	+
47.	Diploma Seminar	grade	30		30				4	+	+	
48.	Dance / Marital arts, self-defence	grade	30				30		1	+	+	
49.	Pilotage and organisation of tourism events	exam	45	15			30		2	+		+
50.	Booking systems in tourism	grade	30				30		2	+		
51.	Wellness / Reha fit	grade	30				30		2	+	+	
52.	Promotion of physical activity / Health resort tourism	grade	30		30				3	+	+	
53.	Catering in tourism	grade	15		15				2	+		
Σ			360	45	120	45	150	0	30	26	16	6
SEMESTER VI												
54.	Foreign language I	exam	30			30			2	+		
55.	Development of recreation and tourism	exam	45	15	30				3			+
56.	Tourism fairs	grade	15				15		2	+		
57.	Transport in tourism	grade	30	15	15				2			+
58.	Agrotourism / Ecotourism	grade	15	15					1		+	+
59.	Organisation of tourism and recreation for people with disabilities and the	grade	30				30		2	+		
60.	Diploma Seminar	grade	30		30				8	+	+	
61.	Athletic forms of physical activity / Indoor climbing	grade	30				30		2	+	+	
62.	Organization and management of recreational events	grade	30				30		2	+		
63.	Leisure time animation	grade	30				30		2	+		
64.	Horse riding - hippotherapy / Aqua-aerobics	grade	30				30		2	+	+	
65.	Operation and organization of a travel agency	grade	30				30		2	+		
Σ			345	45	75	30	195	0	30	24	13	6
IN TOTAL DURING STUDIES			2802	379	722	255	576	960	186	124	80	66

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IN TOTAL DURING STUDIES			2092	13,11%	86,89%				100	66,67%	43,01%	35,48%

* applies to lecture classes

Elaborated: **Dominik Dąbrowski**